

School Psychology Services

Fully funded @ at no cost

Engage 1on1

School Psychologist

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contactus@engage1on1.com.au

Support for the Wellbeing Team

Engage 1on1 Psychologists work closely with the Wellbeing Team in Primary and Secondary Schools across Melbourne.

Our Psychologists provide evidence based counselling services to help young people get the most out of life and overcome the challenges they may face.

Support for the School Community

Helping students, parents and teachers to identify and discuss issues of concern.

Helping children overcome difficulties and to enjoy life.

Adjusting to change, Social skills, Improving confidence, Friendship difficulties, Family issues, Behaviours, Managing worry, Mood improvement, Feeling better about school.

Confidential psychology services in school at no cost.

Helping young people develop practical strategies and new skills for managing change, facing new challenges, and feeling fulfilled.

Anxiety, Anger, Family, Relationships, Image, Peer pressure, Phobias, Depression, Grief, Optimism, Motivation, Social skills.



Ask for help when you need it.

Talk with your wellbeing coordinator, teacher, principal, or contact Engage 1on1. Overcome barriers to happiness and develop skills and resilience for a fulfilling life.

***Helping Young People
get the most out of life***